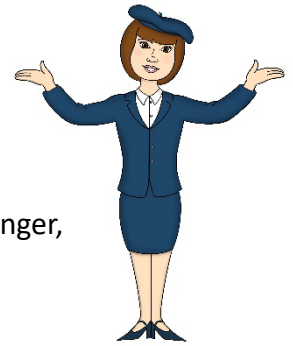


Dare to Have it All!

Pre-Quiz



“Maybe young women don’t wonder whether they can have it all any longer, but in case any of you are wondering, of course you can have it all. What are you going to do? Everything, is my guess.” -Nora Ephron

How confident do you feel? Take this quiz to see where you stand.

Directions: Read each statement below and put a ✓ in the column that best reflects how well that fits for you at this point in your life.

| <i>Confidence Qualities</i> | <i>Not Yet</i> | <i>Rarely</i> | <i>Often</i> | <i>I Got This</i> |
|---|----------------|---------------|--------------|-------------------|
| I am a positive person. | | | | |
| I set intentions for my life. | | | | |
| I create small goals to achieve my long-term goals. | | | | |
| I have a positive mindset about myself and my future. | | | | |
| I believe I can learn new things. | | | | |
| I am flexible and adaptive. | | | | |
| I know how to motivate and encourage myself. | | | | |
| My work and home space are organized. | | | | |
| I know what I want and am willing to make it happen. | | | | |
| I am surrounded by people who are supportive of me. | | | | |
| I feel motivated about my future. | | | | |
| I take responsibility for my thoughts and actions. | | | | |

The statements in the ***Often*** or ***I Got This!*** column are qualities you already possess...fantastic!!! The statements marked in the ***Not Yet*** or ***Rarely*** columns are behaviors that you can develop and strengthen as you work through the activities in this chapter. Be sure to retake the quiz at the end of the chapter to check your progress.

In accordance with the quote by Nora Ephron where she asks, “What are you going to do?” and “Everything is my guess.” In those two lines she challenges you to go beyond the limitations set by others and go after all you can with confidence and courage. In this final chapter, you’ll go step-by-step, to set your intentions for the life you want and acquire the five essential tools to keep you motivated and achieve the success you dare to go after.